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Macular Degeneration

Acupuncture may be useful to treat certain eye pathologies associated with low vision. I wish to avoid the perception that acupuncture cures macular degenerative disease. It does not. However acupuncturists have reported possible improved visual changes following acupuncture treatment.

Dr. Alston Lundgren, MD is a medical acupuncturist who has certainly helped many patients improve their low vision associated with Macular Degenerative Disease. He has published two articles that are listed below and may be found in the journal, Medical Acupuncture.

I have requests to post the acupuncture protocol for macular degeneration. I have modified the protocol as used by Dr, Alston Lundgren as found on www.reverseamd.com

Please read the articles on this site:

Volume 16, Number 3, Medical Acupuncture "An Acupuncture Protocol For Treatment Of Age-Related Macular Degeneration: A Second Report"

Volume 14, Number 2, Medical Acupuncture, "Medical Acupuncture for Age-Related Macular Degeneration: A Preliminary Report."

The modification I have made has been successful in three patients after 2 or more treatments. The latest patient had a vision change from 20/200 to 20/80 and 20/400 to 20/80. The process does not seem to reverse.

The technique is quite challenging and there are important safety issues. An article that I have authored is in press currently regarding these safety issues with this patient population and will be posted on this site in about one month.

This protocol is difficult and the placement of the needles in the orbital area of the eye which I have modified is technically challenging. The entire electronic equipment set-up is not difficult, but has to be performed precisely.

I feel that this technique should be taught as a course instruction and I would only recommend acupuncturists who have successfully been mentored by me to patients. I will probably list the steps of the protocol but not in detail because of the medical legal

implications. I will also issue modifications on my website as I refine this technique. Dr. Alston Lundgren has worked very hard to produce this protocol and all credit is due to him. I have modified one of his steps, but it turns out to be most critical.

I would appreciate your comments and will be happy to notify all of you when this information is available in the next 2 months or less. Kindly address your suggestions to me at n5ev@aol.com.